Cleome viscosa L.

Identifiants : 8477/clevis

Association du Potager de mes/nos Rêves (https://lepotager-demesreves.fr)
Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 06/05/2024

- ***Classification phylogénétique :***
    - ***Clade : Angiospermes ;***
    - ***Clade : Dicotylédones vraies ;***
    - ***Clade : Rosidées ;***
    - ***Clade : Malvidées ;***
    - ***Ordre : Brassicales ;***
    - ***Famille : Cleomaceae ;***
- ***Classification/taxinomie traditionnelle :***
    - ***Règne : Plantae ;***
    - ***Division : Magnoliophyta ;***
    - ***Classe : Magnoliopsida ;***
    - ***Ordre : Capparales ;***
    - ***Famille : Capparaceae ;***
    - ***Genre : Cleome ;***
- ***Synonymes : Arivela viscosa (L.) Raf, Cleome acutifolia Elmer, Cleome icosandra L, Polanisia icosandra (L.f.) Wight & Arn, Polanisia viscosa (L.) DC, Sinapistrum viscosum (L.) Moench, ;***
- ***Nom(s) anglais, local(aux) et/ou international(aux) : Sticky Cleome, Asian spiderflower, , Ban tori, Ganeragapa, Gant-galar, Huang hua cao, Huhul, Hulaga, Hulchul, Hulhul, Hurhura, Hushur, Kawal, Mangmang trin, Marang churamani, Momienh khma'ch, Mustard bush, Naikkadugu, Nal sirio, Namkani, Pak-sian-pee, Pingu-pan, Pivli-tilwan, Raa-beberi, Raa-beburi, Sirioarkho, Son tien, Swibhama, Tick weed, Tilwani, Tori jhar, Yellow cleome ;***

- ***Note comestibilité : *****
- ***Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :***

  Parties comestibles : feuilles, fruits, graines, huile, légumes, épices{{{0(+x) (traduction automatique)} | Original : Leaves, Fruit, Seeds, Oil, Vegetable, Spice{{{0(+x)} Les feuilles sont comestibles cuites. Les jeunes fruits sont consommés confits. Les graines torréfiées sont utilisées dans les currys et les cornichons. L'huile de semence est utilisée pour la cuisson. Les graines sont séchées et moulues et utilisées comme légume. Les feuilles sont trempées, fermentées et utilisées comme épice

  Partie testée : feuilles{{{0(+x) (traduction automatique)
  Original : Leaves{{{0(+x)

Taux d'humidité	*Énergie (kj)*	*Énergie (kcal)*	*Protéines (g)*	*Pro-vitamines A (µg)*	*Vitamines C (mg)*	*Fer (mg)*	*Zinc (mg)*
80.4	*0*	*0*	*5.6*	*0*	*0*	*24*	*0*

néant, inconnus ou indéterminés.

- ***Note médicinale : *****
- ***Illustration(s) (photographie(s) et/ou dessin(s)):***

- ***Liens, sources et/ou références :***
    - [5]***"Plants For a Future" (en anglais) :*** https://pfaf.org/user/Plant.aspx?LatinName=Cleome_viscosa ***;***

      dont classification :

dont livres et bases de données : [0]"Food Plants International" (en anglais) ;

dont biographie/références de [0]"FOOD PLANTS INTERNATIONAL" :

BERRY-KOCH, ; Bodkin, F., 1991, Encyclopedia Botanica. Cornstalk publishing, p 265 ; Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 1. Kew. ; Codjia, J. T. C., et al, 2003, Diversity and local valorisation of vegetal edible products in Benin. Cahiers Agricultures 12:1-12 ; Cooper, W. and Cooper, W., 2004, Fruits of the Australian Tropical Rainforest. Nokomis Editions, Victoria, Australia. p 111 ; Cowie, I, 2006, A Survey of Flora and vegetation of the proposed Jaco-Tutuala-Lore National Park. Timor-Lests (East Timor) www.territorystories.nt/gov.au p 45 ; Cronin, L., 1989, The Concise Australian Flora. Reed. p 78 ; Dalziel, J. M., 1937, The Useful plants of west tropical Africa. Crown Agents for the Colonies London. ; Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. 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