

# ***Castanopsis indica (Roxb. ex Lindl.) A. DC.***

**Identifiants : 6981/casind**

**Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)**

**Fiche réalisée par Patrick Le Ménahèze**

**Dernière modification le 05/05/2024**

• **Classification phylogénétique :**

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Rosidées ;
- Clade : Fabidées ;
- Ordre : Fagales ;
- Famille : Fagaceae ;

• **Classification/taxinomie traditionnelle :**

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Fagales ;
- Famille : Fagaceae ;
- Genre : Castanopsis ;

• **Synonymes :** Castanea indica Roxb., Castanopsis indica (Roxb.) Miq., Castanopsis macrostachya Hu, Castanopsis sinensis A.Chev., Castanopsis subacuminata Hayata, Quercus acutissima var. roxburghii (Endl.) Schottky, Quercus acutissima subsp. roxburghii (Endl.) A. Camus, Quercus dubia Lindl. ex Wall. [Invalid], Quercus indica (Roxb.ex Lind.) Drake, Quercus prinoides Voigt, Quercus roxburghii Endl., Quercus serrata Thunb. ;

• **Nom(s) anglais, local(aux) et/ou international(aux) :** Indian chestnut, Indian castanopsis, , An do, Bank katus, Berkap, Ca oi an do, Chhakku-khokrak, De gai, Dhale katus, Dhalnae katoos, Dhalney katus, Dieng-sarag, Ginsa, Gon, Hinguri, Isera, Jheru, Katoos, Katus, Katwas, Khe-shing, Kinsa, Ko ket, Ko lakai, Ko luay, Ko nam njao, Ko som, Ko tang, Matsawi, Phongrong, Se-hawr, Serang, Thezhusi, Thingsa chi, Thit-e, Thit-e-gyin, Yin du zhui, Zi li ;



• **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :**

**Parties comestibles : noix, graines, feuilles<sup>(((0+X)) traduction automatique)</sup> | Original : Nuts, Seeds, Leaves<sup>(((0+X))</sup> Le fruit ou la noix est consommé après la cuisson. Il est torréfié. Les jeunes pousses sont consommées comme légume**

**Partie testée : noix<sup>(((0+X)) traduction automatique)</sup>  
Original : Nuts<sup>(((0+X))</sup>**

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
32	0	0	4.5	0	0	0	0



**néant, inconnus ou indéterminés.**

• **Illustration(s) (photographie(s) et/ou dessin(s)):**

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données :<sup>0</sup>"Food Plants International" (en anglais) ;

dont biographie/références de<sup>0</sup>"FOOD PLANTS INTERNATIONAL" :

Aiguo, C. & Zhiling, D., 2001, *Managing Agricultural Resources for Biodiversity Conservation. Case Study Yunnan, Southwest China.* Environment Liaison Center International. p 40 ; Altschul, S.V.R., 1973, *Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria.* Harvard Univ. Press. Massachusetts. no. 641 ; Ambasta S.P. (Ed.), 2000, *The Useful Plants of India.* CSIR India. p 110 ; Anderson, E. F., 1993, *Plants and people of the Golden Triangle.* Dioscorides Press. p 205 ; Aryal, K. P. et al, 2009, *Uncultivated Plants and Livelihood Support - A case study from the Cheopang people of Nepal.* Ethnobotany Research and Applications. 7:409-422 ; Bajracharya, D., 1980, *Nutritive Values of Nepalese Edible Wild Fruits.* Z. Lebensm. Unters. Forsch. 171: 363-366 ; Castillo, C., 2013, *The Archaeobotany of Khao Sam Kaeo and Phu Khao Thong: The Agriculture of Late Prehistoric Southern Thailand.* Ph. D. thesis University College, London p 378 ; Chase, P. & Singh, O. P., 2016, *Bioresources of Nagaland: A Case of Wild 4 Edible Fruits in Khonoma Village Forest.* in J. Purkayastha (ed.), *Bioprospecting of Indigenous Bioresources of North-East India.* p 50 ; Dangol, D. R. et al, 2017, *Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR,* 2017. ; Dobriyal, M. J. R. & Dobriyal, R., 2014, *Non Wood Forest Produce an Option for Ethnic Food and Nutritional Security in India.* Int. J. of Usuf. Mngt. 15(1):17-37 ; *Ethnobotany of Karbis.* Chapter 4 in p 104 ; *Forest Inventory and Planning Institute,* 1996, *Vietnam Forest Trees.* Agriculture Publishing House p 261 ; Fu, Yongneng, et al, 2003, *Relocating Plants from Swidden Fallows to Gardens in Southwestern China.* Economic Botany, 57(3): 389-402 ; Ghimeray, A. K., Lamsal, K., et al, 2010, *Wild edible angiospermic plants of the Ilam Hills (Eastern Nepal) and their mode of use by local community.* Korean J. Pl. Taxon. 40(1) ; Huang Chengjiu, Zhang Yongtian, Bartholomew, B., Fagaceae, *Flora of China.* ; Hu, Shiu-ying, 2005, *Food Plants of China.* The Chinese University Press. p 344 ; J. Bot. 1:182. 1863 ; Jeeva, S., 2009, *Horticultural potential of wild edible fruits used by the Khasi tribes of Meghalaya.* Journal of Horticulture and Forestry Vol. 1(9) pp. 182-192 ; Joshi, A. R. and Joshi, J., 2009, *Plant Diversity and Ethnobotanical Notes on tree species of Syabru Village, Langtang National Park, Nepal.* Ethnobotanical Leaflets 13:651-64 ; Kar, A., et al, 2013, *Wild Edible Plant Resources used by the Mizos of Mizoram, India.* Kathmandu University Journal of Science, Engineering and Technology. Vol. 9, No. 1, July, 2013, 106-126 ; Lehmann, L., et al, *Forests and Trees of the Central Highlands of Xieng Khouang, Lao P. D. R., A field guide.* ; Maikhuri, R. K. and Gangwar, A. K., 1993, *Ethnobiological Notes on the Khasi and Garo Tribes of Meghalaya, Northeast India.* Economic Botany, Vol. 47, No. 4, pp. 345-357 ; Manandhar, N.P., 2002, *Plants and People of Nepal.* Timber Press. Portland, Oregon. p 141 ; Medhi, P. & Borthakur, S. K., 2012, *Phytoresources from North Cachur Hills of Assam -3: Edible plants sold at Hflong market.* Indian Journal of Natural Products and Resources. 3(1) pp 84-109 ; Medhi, P., Sarma, A and Borthakur, S. K., 2014, *Wild edible plants from the Dima Hasao district of Assam, India.* Pleione 8(1): 133-148 ; Mukhia, P.K., et al, 2013, *Wild plants as Non Wood Forest Products used by the rural community of Dagana, a southern foothill district of Bhutan.* SAARC Journal, 27 pages ; Murtem, G. & Chaudhrey, P., 2016, *An ethnobotanical note on wild edible plants of Upper Eastern Himalaya, India.* Brazilian Journal of Biological Sciences, 2016, v. 3, no. 5, p. 63-81 ; Polunin, O., & Stainton, A., 2006, *Flowers of the Himalaya.* Oxford India Paperbacks. p 376 ; Sam, H. V. et al, 2004, *Trees of Laos and Vietnam: A Field Guide to 100 Economically or Ecologically Important Species.* BLUMEA 49: 201-349 ; Sawian, J. T., et al, 2007, *Wild edible plants of Meghalaya, North-east India.* Natural Product Radiance Vol. 6(5): p 414 ; Sharma, G., et al, 2016, *Agrobiodiversity in the Sikkim Himalaya.* International Centre for Integrated Mountain Development, ICIMOD Working Paper 2016/5 p 20 ; Singh, H.B., Arora R.K., 1978, *Wild edible Plants of India.* Indian Council of Agricultural Research, New Delhi. p 81 ; Singh, V. B., et al, (Ed.) *Horticulture for Sustainable Income and Environmental Protection.* Vol. 1 p 215 ; Slik, F., www.asianplant.net ; Teron, R. & Borthakur, S. K., 2016, *Edible Medicines: An Exploration of Medicinal Plants in Dietary Practices of Karbi Tribal Population of Assam, Northeast India.* In Mondal, N. & Sen, J.(Ed.) *Nutrition and Health among tribal populations of India.* p 152 ; Tsiring, J., et al, 2017, *Ethnobotanical appraisal on wild edible plants used by the Monpa community of Arunachal Pradesh.* Indian Journal of Traditional Knowledge. Vol 16(4), October 2017, pp 626-637 ; Upadhyay, Y., et al, 2011, *Plant biodiversity and ethnobotany inside the projected impact area of the Upper Seti Hydropower Project, Western Nepal.* Environ. Dev. Sustain. (2011) 13:463-492 ; Upadhyay, Y., et al, 2012, *Diversity of use and local knowledge of wild edible plant resources in Nepal.* Journal of Ethnobotany and Ethnomedicine 8:16 ; Upadhyay, Y., et al, 2016, *Traditional use and management of NTFPs in Kangchenjunga Landscape: implications for conservation and livelihoods.* Journal of Ethnobiology and Ethnomedicine (2016) 12:19 ; Wickens, G.E., 1995, *Edible Nuts.* FAO Non-wood forest products. FAO, Rome. p 125