

# Bridelia scleroneura Mull.-Arg.

Identifiants : 5264/brisc1

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 14/05/2024

- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Rosidées ;
- Clade : Fabidées ;
- Ordre : Malpighiales ;
- Famille : Phyllanthaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Euphorbiales ;
- Famille : Euphorbiaceae ;
- Genre : Bridelia ;

- Synonymes : *Bridelia angolensis* var. *nitida* Beille, *Bridelia paxii* Gehrm, *Bridelia scleroneuroides* Pax, et d'autres ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Haragillo, , Ajega, Ba-Udiga, BuneGalday, Dayita-arba, Ekabolobolo, Emuduku, Erieco, Eryeco, Haragjello, Hay birria, Kirni, Kizni, Larwece, Larweco ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : feuilles, fruits<sup>{{{0(+x)}}}</sup> (traduction automatique) | Original : Leaves, Fruit<sup>{{{0(+x)}}}</sup> Les fruits sont consommés crus

Partie testée : fruit<sup>{{{0(+x)}}}</sup> (traduction automatique)

Original : Fruit<sup>{{{0(+x)}}}</sup>

| Taux d'humidité | Énergie (kj) | Énergie (kcal) | Protéines (g) | Pro-vitamines A (µg) | Vitamines C (mg) | Fer (mg) | Zinc (mg) |
|-----------------|--------------|----------------|---------------|----------------------|------------------|----------|-----------|
|                 | 0            | 0              | 5.7           | 0                    | 24               | 2.6      | 0         |



néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : <sup>0</sup>"Food Plants International" (en anglais) ;

dont biographie/références de <sup>0</sup>"FOOD PLANTS INTERNATIONAL" :

Abbiw, D.K., 1990, *Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew.* p 46 ; Acipa, A. et al, 2013, *Nutritional Profile of some Selected Food Plants of Otwal and Ngai Counties, Oyam District, Northern Uganda. African Journal of Food, Agriculture, Nutrition and Development.* 13(2) ; Addis, G., Asfaw, Z & Woldu, Z., 2013, *Ethnobotany of Wild and Semi-wild Edible Plants of Konso Ethnic Community, South Ethiopia. Ethnobotany Research and Applications.* 11:121-141 ; Asfaw, Z. and Tadesse, M., 2001, *Prospects for Sustainable Use and Development of Wild Food Plants in Ethiopia. Economic Botany, Vol. 55, No. 1, pp. 47-62* ; Ashagre, M., et al, 2016, *Ethnobotanical study of wild edible plants in Burji District, Segen Area Zone of Southern Nations, Nationalities and Peoples Region (SNNPR), Ethiopia. Journal of Ethnobiology and Ethnomedicine* (2016) 12:32 ; Berihun, T. & Molla, E., 2017, *Study on the Diversity and Use of Wild Edible Plants in Bullen District Northwest Ethiopia. Hindawi Journal of Botany. Article ID 8383468* ; Bircher, A. G. & Bircher, W. H., 2000, *Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics.* AUC Press. p 66 ; Burkill, H. M., 1985, *The useful plants of west tropical Africa, Vol. 2.* Kew. ; Daziel, 1937, ; Gallagher, D. E., 2010, *Farming beyond the escarpment: Society, Environment, and Mobility in Precolonial Southeastern Burkina Faso. PhD University of Michigan.* ; Gilbert, T., et al, 2017, *Diversity and local transformation of indigenous edible fruits in sahelian domain of Cameroon. Journal of Animal & Plant Sciences* Vol. 26 (2): 5289-5300 ; Goode, P., 1989, *Edible Plants of Uganda. FAO p 30 (As Bridelia scleroneuroides)* ; Goode, P., 1989, *Edible Plants of Uganda. FAO p 37* ; Jardin, C., 1970, *List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.* p 62, 123 ; Lulekal, E., et al, 2011, *Wild edible plants in Ethiopia: a review on their potential to combat food insecurity. Afrika Focus - Vol. 24, No 2. pp 71-121* ; Martin, F.W. & Ruberte, R.M., 1979, *Edible Leaves of the Tropics.* Antillian College Press, Mayaguez, Puerto Rico. p 88, 191 ; Ojelel, S. & Kakudidi, E. K., 2015, *Wild edible plant species utilized by a subsistence farming community in the Obalanga sub-county, Amuria district, Uganda. Journal of Ethnobiology and Ethnomedicine.* 11:7 ; Ojelel, S., et al, 2019, *Wild edible plants used by communities in and around selected forest reserves of Teso-Karamoja region, Uganda. Journal of Ethnobiology and Ethnomedicine* (2019) 15:3 ; Oryema, C., et al, 2013, *Edible wild fruit species of Gulu District, Uganda. International Journal of Biology and Biological Sciences* Vol 2(4) pp 068-082 ; Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, *Edible Wild plants of Sub-saharan Africa. Kew.* p 108