

# Ziziphus oenopolia (L.) Miller

Identifiants : 41425/zizoen

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

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- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Rosidées ;
- Clade : Fabidées ;
- Ordre : Rosales ;
- Famille : Rhamnaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Rhamnales ;
- Famille : Rhamnaceae ;
- Genre : Ziziphus ;

- Synonymes : Rhamnus oenoplia L, Ziziphus albens Roxb, Ziziphus napeca Willd ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Wine Jujuba, Small-fruited jujube, , Akar kuku tupai, Anbulam, Aule bayar, Bahukantaka, Bak lep meuw, Banka, Ban kul, Barige, Barokoli, Bir janum, Boksi bayar, Bombori, Bon kul, Boydi, Burgi, Challe, Chan-bor, Cheruthodali, Chruthodali, Churai, Churi, Eramdi, Hin eraminiya, Hurasurah, Ironi, Jackal jujube, Jangalkul, Jhurkal, Jujube buah kecil, Julie, Kanerballi, Kantakoli, Kanteikoli, Karisurimullu, Karkhandu, Kat-bor, Kontakoli, Kottaipazham, Kottavalli, Kuku lang, Kurirama janum, Leb yiew, Lep yio, Maak lep meuw, Mahkua, Mainam-nu, Makai, Mak-hkaw-hku, Makor, Meximela, Mokaia, Njilamyin, Novelo, Paragi, Paraki, Parimi, Paringi, Paungbet, Pulichi, Sekul, Siakul, Soori, Sotta, Srigalakoli, Supauk-pin, Suraimullu, Suraiyilandai, Suri, Tao rung, Taw-zi-nwe, Thodalli, Tudali, Tatalimullu, Vor sangkher, Yaroni, Yeroni, Yeruni ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : fruit<sup>{{{0(+x)}}}</sup> (traduction automatique) | Original : Fruit<sup>{{{0(+x)}}}</sup> Les fruits mûrs sont consommés crus. Ils sont également séchés et stockés

Partie testée : fruit<sup>{{{0(+x)}}}</sup> (traduction automatique)

Original : Fruit<sup>{{{0(+x)}}}</sup>

| Taux d'humidité | Énergie (kj) | Énergie (kcal) | Protéines (g) | Pro-vitamines A (µg) | Vitamines C (mg) | Fer (mg) | Zinc (mg) |
|-----------------|--------------|----------------|---------------|----------------------|------------------|----------|-----------|
| 79.9            | 0            | 0              | 0             | 0                    | 4.5              | 0        | 0         |



néant, inconnus ou indéterminés.

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : <sup>0</sup>"Food Plants International" (en anglais) ;

dont biographie/références de <sup>0</sup>"FOOD PLANTS INTERNATIONAL" :

Ajesh, T. P., et al, 2012, *Ethnobotanical Documentation of Wild Edible Fruits used by Muthuvan Tribes of Idukki, Kerala-India*. *International Journal of Pharma and Bio Sciences* 3(3): 479-487 ; Altschul, S.V.R., 1973, *Drugs and Foods from Little-known Plants*. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 2618 ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 703 ; Arinathan, V., et al, 2007, *Wild edibles used by Palliyars of the western Ghats, Tamil Nadu*. *Indian Journal of Traditional Knowledge*. 6(1) pp 163-168 ; Ashton, M. S., et al 1997, *A Field Guide to the Common Trees and Shrubs of Sri Lanka*. WHT Publications Ltd. pdf p 318 ; Bandyopadhyay, S. et al, 2009, *Wild edible plants of Koch Bihar district, West Bengal*. *Natural Products Radiance* 8(1) 64-72 ; Binu, S., 2010, *Wild edible plants by the tribals in Pathanamthitta district, Kerala*. *Indian Journal of Traditional Knowledge*. 9(2): 309-312 ; Bodkin, F., 1991, *Encyclopedia Botanica*. Cornstalk publishing, p 1036 ; Burkill, I.H., 1966, *A Dictionary of the Economic Products of the Malay Peninsula*. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 2349 ; Cengel, D. J. & Dany, C., (Eds), 2016, *Integrating Forest Biodiversity Resource Management and Sustainable Community Livelihood Development in the Preah Vihear Protected Forest*. *International Tropical Timber Organization* p 121 ; Chakraborty, S. & Chaturbedi, H. P., 2014, *Some Wild Edible Fruits of Tripura- A Survey*. *Indian Journal of Applied research*. 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P. & Padmavathy, S., 2013, *Knowledge and Use of Wild Edible Plants in Two Communities in Malai Madeshwara Hills, Southern India*. *International Journal of Botany* 9(2): 64-72. ; Hedrick, U.P., 1919, (Ed.), *Sturtevant's edible plants of the world*. p 706 (As Ziziphus napeca) ; Jadhav, R., et al, 2015, *Forest Foods of Northern Western Ghats: Mode of Consumption, Nutrition and Availability*. *Asian Agri-History* Vol. 19, No. 4: 293-317 ; Jin, Chen et al, 1999, *Ethnobotanical studies on Wild Edible Fruits in Southern Yunnan: Folk Names: Nutritional Value and Uses*. *Economic Botany* 53(1) pp 2-14 ; Jones D, L, 1986, *Ornamental Rainforest Plants in Australia*, Reed Books, p 340 ; Kachenchart, B., et al, 2008, *Phenology of Edible Plants at Sakaerat Forest*. In *Proceedings of the FORTROP II: Tropical Forestry Change in a Changing World*. Bangkok, Thailand. ; Kahlon, L. 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