Rumex dentatus L.

Identifiants : 28212/rumden

Association du Potager de mes/nos Rêves (https://lepotager-demesreves.fr)
Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 13/05/2024

- ***Classification phylogénétique :***
  - ***Clade : Angiospermes ;***
  - ***Clade : Dicotylédones vraies ;***
  - ***Ordre : Caryophyllales ;***
  - ***Famille : Polygonaceae ;***
- ***Classification/taxinomie traditionnelle :***
  - ***Règne : Plantae ;***
  - ***Division : Magnoliophyta ;***
  - ***Classe : Magnoliopsida ;***
  - ***Ordre : Polygonales ;***
  - ***Famille : Polygonaceae ;***
  - ***Genre : Rumex ;***
- ***Synonymes : Rumex dentatus subsp. klotzschianus (Meisn.) Rech.f, Rumex klotschianus Meisn, Rumex limosus Thuill.:Rumex nipponicus Franch. & Sav ;***
- ***Nom(s) anglais, local(aux) et/ou international(aux) : Indian Sorrel, Toothed Dock, , Ambavah, Amrule, Ban palungo, Bon palong, Jungli palak, Kukur jibwa, Lal bibi, Milu, Palki mausi, Shalkhay, Shulkhay, Tissa palak ;***

- ***Note comestibilité : ****
- ***Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :***

Parties comestibles : feuilles{{{0(+x) (traduction automatique)} | Original : Leaves{{{0(+x)} Les feuilles tendres sont cuites comme légume

Partie testée : feuilles{{{0(+x) (traduction automatique)
Original : Leaves{{{0(+x)

Taux d'humidité	*Énergie (kj)*	*Énergie (kcal)*	*Protéines (g)*	*Pro-vitamines A (µg)*	*Vitamines C (mg)*	*Fer (mg)*	*Zinc (mg)*
89.4	*124*	*30*	*3.2*	*11700 IU*	*115*	*3.4*	*0*

néant, inconnus ou indéterminés.

- ***Note médicinale : ****
- ***Illustration(s) (photographie(s) et/ou dessin(s)):***

- ***Liens, sources et/ou références :***

    - ***[5]"Plants For a Future" (en anglais) :*** https://pfaf.org/user/Plant.aspx?LatinName=Rumex_dentatus ***;***

      dont classification :

      dont livres et bases de données : [0]"Food Plants International" (en anglais) ;

      dont biographie/références de [0]"FOOD PLANTS INTERNATIONAL" :

      Ambasta S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 534 ; Bahuguna, A. et al, 2010, Floristic Diversity and Indigenous uses of Forest Vegetation of Dabka Watershed in Indian Central Himalayas. Ethnobotanical Leaflets 14:491-510 ; Bandyopadhyay, S. et al, 2009, Wild edible plants of Koch Bihar district, West Bengal. Natural Products Radiance 8(1) 64-72 (As subsp. klotzschianus) ; Bidak, L. M., et al, 2015, Goods and services provided by native plants in desert ecosystems: Examples from the northwestern coastal desert of Egypt. Global Ecology and Conservation 3 (2015) 433â€“447 ; Chowdhury, A. & Das, A. P., 2014, Conservation through sustainable utilization of wetland leafy vegetables of Terai and Duars, West Bengal, India. International Journal of Advanced Life Sciences (IJALS), 7(4) p 657 ; Dangol, D. R. et al, 2017, Wild Edible Plants in Nepal. Proceedings of 2nd National Workshop on CUAOGR, 2017. ; Ethnobotanical Study of Tehsil Kabal, Swat District, KPK, Pakistan, Table 1 ; FAO, 1988, Traditional Food Plants, FAO Food and Nutrition Paper 42. FAO Rome p 430 ; Flora of China @ efloras.org Volume 5 ; Food Composition Tables for the Near East. http://www/fao.org/docrep No. 314 ; Hanif, U., et al, 2013, Ethnobotanical studies on some wild plants of head Qadirabad and adjoining areas, Pakistan. International Journal of Phytomedicine 5:373-377 ; Hossain, U. & Rahman, A., 2018, Study and quantitative analysis of wild vegetable floral diversity available in Barisal district, Bangladesh. Asian J. Med. Biol. Res. 2018, 4 (4), 362-371 ; Joshi, N., et al, 2007, Traditional neglected vegetables of Nepal: Their sustainable utilization for meeting human needs. Tropentag 2007. Conference on International Agricultural Research for Development. ; Manandhar, N.P., 2002, Plants and People of Nepal. Timber Press. Portland, Oregon. p 406 (subsp. klotzschianus) ; Mant. pl. 2:226. 1771 ; Marandi, R. R. & Britto, S. J., 2015, Medicinal Properties of Edible Weeds of Crop Fields and Wild plants Eaten by Oraon Tribals of Latehar District, Jharkhand. International Journal of Life Science and Pharma Research. Vo. 5. (2) April 2015 ; Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 214 ; Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ ; Sher, H. et al, 2011, Ethnobotanical and Economic Observations of Some Plant Resources from the Northern Parts of Pakistan. Ethnobotany research & Applications 9:027-041 ; Sher, Z., Hussain, F., & Ibrar, M., 2014, Traditional knowledge on plant resources of Ashezai and Salarzai Valleys, District Buner, Pakistan. African Journal of Plant Science. Vol. 8(1), pp. 42-53, January 2014 ; Terra, G.J.A., 1973, Tropical Vegetables. Communication 54e Royal Tropical Institute, Amsterdam, p 70 ; Thakur, D., et al, 2017, Why they eat, what they eat: patterns of wild edible plants consumption in a tribal area of Western Himalaya. Journal of Ethnobiology and Ethnomedicine (2017) 13:70