

Rosa canina L., 1753

(Églantier)

Identifiants : 27633/rosan

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 03/05/2024

- **Classification phylogénétique :**

- *Clade : Angiospermes* ;
- *Clade : Dicotylédones vraies* ;
- *Clade : Rosidées* ;
- *Clade : Fabidées* ;
- *Ordre : Rosales* ;
- *Famille : Rosaceae* ;

- **Classification/taxinomie traditionnelle :**

- *Règne : Plantae* ;
- *Division : Magnoliophyta* ;
- *Classe : Magnoliopsida* ;
- *Ordre : Rosales* ;
- *Famille : Rosaceae* ;
- *Genre : Rosa* ;

- **Synonymes français : églantier sauvage, rosier sauvage, cynorrhodon, cynorhodon {fruit}, gratte-cul {fruit}, gousson, poil à gratter, églantier commun, rosier des chiens ;**

- **Nom(s) anglais, local(aux) et/ou international(aux) : common-briar, dog rose, dogbrier, brier rose , hondsroos (af), Hunds-Rose (Hundsrose) (de), stenros (sv) ;**



- **Note comestibilité : *****

- **Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :**

fleur1 (fraîches ou séchées)1, fruit (frais (cuits)1 ou séchés (tisanes mixtes)1 ; dont graines (tisanes, café)1) et feuille (jeunes : cuites1) comestibles.

Détails :

jeunes feuilles cuites comme potherbe^{(((dp*))}.

Les jeunes pousses sont utilisées dans les soupes et les sauces. Les fruits sont utilisés dans les confitures, le sirop, la soupe, les gelées, le vin et le thé. Les fleurs sont utilisées comme collation ou dans les salades. Ils peuvent être confits, conservés, cristallisés ou ajoutés au vinaigre, au miel, au brandy, etc. Ils sont également utilisés pour les tisanes. Les feuilles sont utilisées comme substitut du thé

Partie testée : fruit^{(((0(+x)) (traduction automatique)}

Original : Fruitt^{(((0(+x)}

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
39.7	0	0	2.9	0	468	3.3	0.3



néant, inconnus ou indéterminés.néant, inconnus ou indéterminés.

- Note médicinale : ***

- Illustration(s) (photographie(s) et/ou dessin(s)):



De gauche à droite :

Par Thomé, O.W., Flora von Deutschland Österreich und der Schweiz (1886-1889) Fl. Deutschl. vol. 3 (1885) t. 415, via plantillustrations

Par Palmstruch, J.W., Svensk botanik (1802-1838) Sv. Bot. vol. 1 (1807) t. 29, via plantillustrations

- Autres infos :

dont infos de "FOOD PLANTS INTERNATIONAL" :

- Distribution :

C'est une plante tempérée. Il fait mieux dans les sols limoneux secs et une position ensoleillée ouverte. Il convient aux zones de rusticité 3-10. Herbier de Tasmanie. Arboretum Tasmania^{(((0(+x)) traduction automatique)}.

Original : It is a temperate plant. It does best in dry loamy soils and an open sunny position. It suits hardiness zones 3-10. Tasmania Herbarium. Arboretum Tasmania^{(((0(+x))}.

- Localisation :

*Afrique, Argentine, Asie, Australie, Balkans, Biélorussie, Bosnie, Grande-Bretagne, Bulgarie, Caucase, Chili, Croatie, République tchèque, République dominicaine, Europe *, Malouines, Géorgie, Grèce, Haïti, Himalaya, Hongrie, Inde, Iran, Irlande, Italie, Kazakhstan, Kosovo, Kirghizistan, Liban, Lituanie, Macédoine, Mexique, Moldavie, Maroc, Nouvelle-Zélande, Afrique du Nord, Amérique du Nord, Roumanie, Russie, Serbie, Slovaquie, Slovénie, Amérique du Sud, Espagne, Suisse, Tasmanie, Turquie, USA, Ouzbékistan, Antilles^{(((0(+x)) traduction automatique)}.*

Original : Africa, Argentina, Asia, Australia, Balkans, Belarus, Bosnia, Britain, Bulgaria, Caucasus, Chile, Croatia, Czech Republic, Dominican Republic, Europe, Falklands, Georgia, Greece, Haiti, Himalayas, Hungary, India, Iran, Ireland, Italy, Kazakhstan, Kosovo, Kyrgyzstan, Lebanon, Lithuania, Macedonia, Mexico, Moldova, Morocco, New Zealand, North Africa, North America, Romania, Russia, Serbia, Slovakia, Slovenia, South America, Spain, Switzerland, Tasmania, Turkey, USA, Uzbekistan, West Indies^{(((0(+x))}.*

- Notes :

Il existe environ 150 espèces de Rosa et de nombreuses variétés cultivées. Cela peut être invasif. Le fruit a une capacité antioxydante élevée^{(((0(+x)) traduction automatique)}.

Original : There are about 150 Rosa species and many cultivated varieties. It can be invasive. The fruit have high antioxidant capacity^{(((0(+x))}.

- Liens, sources et/ou références :

- ⁵"Plants For a Future" (en anglais) : https://pfaf.org/user/Plant.aspx?LatinName=Rosa_canina ;

dont classification :

- "The Plant List" (en anglais) : www.theplantlist.org/tpl1.1/record/rjp-39 ;
- "GRIN" (en anglais) : <https://npgsweb.ars-grin.gov/gringlobal/taxon/taxonomydetail?id=5309> ;

dont livres et bases de données : ¹Plantes sauvages comestibles (livre page 168, par S.G. Fleischhauer, J. Guthmann et R. Spiegelberger) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

Abbet, C., et al, 2014, Ethnobotanical survey on wild alpine food plants in Lower and Central Valais (Switzerland). *Journal of Ethnopharmacology* 151 (2014) 624–634 ; Ari, S., et al, 2015, Ethnobotanical survey of plants used in Afyonkarahisar-Turkey. *Journal of Ethnobiology and Ethnomedicine* 11:84 ; Bianchini, F., Corbetta, F., and Pistoia, M., 1975, *Fruits of the Earth*. Cassell. p 136 (As Rosa selvatica) ; Bodkin, F., 1991, *Encyclopedia Botanica*. Cornstalk publishing, p 888 ; Bremness, L., 1994, *Herbs*. Collins Eyewitness Handbooks. Harper Collins. p 120 ; Bussman, R. W. et al, 2017, Ethnobotany of Samtskhe-Javakheti, Sakartvelo (Republic of Georgia), Caucasus. *Indian Journal of Traditional Knowledge* Vol. 16(1) pp 7-24 ; Cakir, E. A., 2017, Traditional knowledge of wild edible plants of Iğdır Province (East Anatolia, Turkey). *Acta Soc Bot Pol.* 2017;86(4):3568 ; Cerne, M., 1992, *Wild Plants from Slovenia used as Vegetables*. *Acta Horticulturae* 318 ; Ciocarlan, N. & Ghendov, V., 2015, *Ethnobotanical and Ecological Studies of Wild Edible Plants from Bugeac Steppe, Republic of Moldova*. *Journal of EcoAgriTourism*. *Cailta terra* Vol. 11(2) ; Cruz, I. M., et al, 2015, *Edible fruits and seeds in the State of Mexico*. *Revista Mexicana de Ciencias Agricolas*. Vol. 6. Num. 2 pp 331-346 ; Cundall, P., (ed.), 2004, *Gardening Australia: flora: the gardener's bible*. 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Kampong Publications, p 206 ; Flowerdew, B., 2000, *Complete Fruit Book*. Kyle Cathie Ltd., London. p 174 ; Gonzalez, J. A., et al, 2011, *The consumption of wild and semi-domesticated edible plants in the Arribes del Duero (Salamanca-Zamora, Spain): an analysis of traditional knowledge*. *Genetic Resources and Crop Evolution* 58:991-1006 ; Gunes, S. et al, 2018, *Survey of wild food plants for human consumption in Karaisalı (Adana-Turkey)*. *Indian Journal of Traditional Knowledge*. Vol. 17(2), April 2018, pp 290-298 ; Hedrick, U.P., 1919, (Ed.). *Sturtevant's edible plants of the world*. p 572 ; Hibbert, M., 2002, *The Aussie Plant Finder 2002*, *Florilegium*. p 254 ; <http://www.botanic-gardens-ljubljana.com/en/plants> ; Hussey, B.M.J., Keighery, G.J., Cousens, R.D., Dodd, J., Lloyd, S.G., 1997, *Western Weeds. A guide to the weeds of Western Australia*. *Plant Protection Society of Western Australia*. p 209 ; Huxley, A. (Ed.), 1977, *The Encyclopedia of the Plant Kingdom*. 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Ethnobiology and Ethnomedicine. 5:32 ; Pieroni, A. et al, 2013, One century later: the folk botanical knowledge of the last remaining Albanians of the upper Reka Valley, Mount Korab, Western Macedonia. *Journal of Ethnobiology and Ethnomedicine.* 9:22 ; *Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.* <http://www.scs.leeds.ac.uk/pfaf/> ; *Plants of Haiti Smithsonian Institute* <http://botany.si.edu/antilles/West Indies> ; Polat, R., et al, 2015, Survey of wild food plants for human consumption in Elazig (Turkey). *Indian Journal of Traditional Knowledge.* Vol. 1(1): 69-75 ; Polat, R., et al, 2017, Survey of wild food plants for human consumption in Bingol, (Turkey). *Indian Journal of Traditional Knowledge.* Vol. 16(3) July 2017, pp. 378-384 ; Redzic, S. J., 2006, *Wild Edible Plants and their Traditional Use in the Human Nutrition in Bosnia-Herzegovina.* *Ecology of Food and Nutrition,* 45:189-232 ; Redzic, S., 2010, Use of Wild and Semi-Wild Edible Plants in Nutrition and Survival of People in 1430 Days of Siege of Sarajevo during the War in Bosnia and Herzegovina (1992–1995). *Coll. Antropol* 34 (2010) 2:551-570 ; Senkardes, I & Tuzlaci, E., 2016, *Wild Edible Plants of Southern Part of Nevsehir in Turkey.* *Marmara Pharmaceutical Journal* 20:34-43 ; Stikas, G., 1984, *Trees and shrubs of Greece.* Efstatiadis Group. Athens. p 84 ; Shikov, A. N. et al, 2017, *Traditional and Current Food Use of Wild Plants Listed in the Russian Pharmacopoeia.* *Frontiers in Pharmacology.* Vol. 8 Article 841 ; Simkova, K. et al, 2014, *Ethnobotanical review of wild edible plants used in the Czech Republic.* *Journal of Applied Botany and Food Quality* 88, 49-67 ; Skinner, G. & Brown, C., 1981, *Simply Living. A gatherer's guide to New Zealand's fields, forests and shores.* Reed. p 51 ; Sp. pl. 1:491. 1753 ; Tasmanian Herbarium Vascular Plants list p 51 ; Tardio, J., et al, *Ethnobotanical review of wild edible plants in Spain.* *Botanical J. Linnean Soc.* 152 (2006), 27-71 ; Upson, R., & Lewis R., 2014, *Updated Vascular Plant Checklist and Atlas for the Falkland Islands.* *Falklands Conservation and Kew.* ; van Wyk, B., 2005, *Food Plants of the World. An illustrated guide.* Timber press. p 325 ; *Wild Edible Plants in Lebanon. Promoting dietary diversity in poor communities in Lebanon.* <http://www.wildedibleplants.org/>