

Pandanus spiralis R. Br.

Identifiants : 22912/panspi

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 14/05/2024

- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Monocotylédones ;
- Ordre : Pandanales ;
- Famille : Pandanaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Liliopsida ;
- Ordre : Pandanales ;
- Famille : Pandanaceae ;
- Genre : Pandanus ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Spring Pandanus, Screw Palm, Lidool, , Bomer, Gunga, Idul, Jangawa, Makunguk, Manhara, Pandan spiral ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : amandes, noix, graines, bases de feuilles^{{{0(+x)}}} (traduction automatique) | Original : Kernels, Nuts, Seeds, Leaf bases^{{{0(+x)}}} Les noyaux de fruits sont consommés crus mais de préférence torréfiés. Les extrémités du fruit frais sont sucées ou mâchées pour obtenir du jus. Une préparation du noyau de la tige est consommée. Cela peut être un médicament. Une boisson est préparée à partir du fruit écrasé

Partie testée : noyau^{{{0(+x)}}} (traduction automatique)

Original : Kernel^{{{0(+x)}}}

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
3	2403	575	25.9	0	0	6.6	0.8



néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

Bindon, P., 1996, *Useful Bush Plants*. Western Australian Museum. p 191 ; Bodkin, F., 1991, *Encyclopedia Botanica*. Cornstalk publishing, p 758 ; Brock, J., 1993, *Native Plants of Northern Australia*, Reed. p 276 ; Cherkoff V. & Isaacs, J., *The Bush Food Handbook. How to gather, grow, process and cook Australian Wild Foods*. Ti Tree Press, Australia p 200 ; Cronin, L., 1989, *The Concise Australian Flora*. Reed. p 253 ; Elliot, W.R., & Jones, D.L., 1997, *Encyclopedia of Australian Plants suitable for cultivation*. Vol 7. Lothian. p 156 (Photo) ; Fell, D.G. & Stanton, D.J., 2015: *The vegetation and flora of Mabuyag, Torres Strait, Queensland*. *Memoirs of the Queensland Museum* "Culture" 8(1):1-33. Brisbane. ISSN 1440-4788. ; Hearne, D.A., & Rance, S.J., 1975, *Trees for Darwin and Northern Australia*. AGPS, Canberra p 92, Pl 26 ; Hibbert, M., 2002, *The Aussie Plant Finder 2002*, Florilegium. p 218 ; Holliday, I., 1989, *A Field Guide to Australian Trees*. Hamlyn. p 278 ; Kenneally, K.E., Edinger, D. C., and Willing T., 1996, *Broome and Beyond, Plants and People of the Dampier Peninsula, Kimberley, Western Australia*. Department of Conservation and Land Management. p 214 ; Lands, M., 1987, *Mayi: Some Bush fruits of Dampierland*. Magabala Books, Broome West Australia. p 55 ; Lazarides, M. & Hince, B., 1993, *Handbook of Economic Plants of Australia*, CSIRO. p 179 ; Low, T., 1991, *Wild Food Plants of Australia*. Australian Nature FieldGuide, Angus & Robertson. p 42 ; Morley, B.D., & Toelken, H.R., (Eds), 1983, *Flowering Plants in Australia*. Rigby. p 400 ; *Mua Bioversity Profile*, 2013, *Profile for Management of the Habitats and Related Ecological and Cultural Resources of Mua Island*. Torres Strait Regional Authority Land & Sea Management Unit. p 32 ; Paczkowska, G. & Chapman, A.R., 2000, *The Western Australian Flora. A Descriptive Catalogue*. Western Australian Herbarium. p 92 ; Petheram, R.J. and Kok, B., 2003, *Plants of the Kimberley Region of Western Australia*. UWA Press p 509 ; *Prodr. Fl. Nov. Holl.* 341, 1810 ; Smith, M & Kalotas, A. C., 1985, *Bardi Plants: An Annotated List of Plants and Their Use by the Bardi Aborigines of Dampierland, in North-western Australia*. *Rec. West Aust. Mus.* 1985, 12(3): 317-359 ; Smith, N and Wightman, G.M., 1990, *Ethnobotanical Notes from Belyuen Northern Territory Australia*. *Northern Territory Botanical Bulletin No 10*. Parks and Wildlife Commission of the Northern Territory. p 19, 20 ; Smith, N. M., 1991, *Ethnobotanical Field Notes from the Northern Territory, Australia*, *J. Adelaide Bot. Gard.* 14(1): 1-65 ; Sukarya, D. G., (Ed.) 2013, *3,500 Plant Species of the Botanic Gardens of Indonesia*. LIPI p 744 ; Townsend, K., 1994, *Across the Top. Gardening with Australian Plants in the tropics*. Society for Growing Australian Plants, Townsville Branch Inc. p 308 ; Vigilante, T., et al, 2013, *Island country: Aboriginal connections, values and knowledge of the Western Kimberley islands in the context of an island biological survey*. *Records of the Western Australian Museum Supplement* 81: 145-182 ; Wheeler, J.R.(ed.), 1992, *Flora of the Kimberley Region*. CALM, Western Australian Herbarium, p 1254 ; Wightman, Glenn et al. 1991. *Alawa Ethnobotany: Aboriginal Plant Use from Minyerri, Northern Australia*. *Northern Territory Botanical Bulletin No 11*. Parks and Wildlife Commission of the Northern Territory. p 22, 23 ; Wightman, G. & Andrews, M., 1991, *Bush Tucker Identikit. Common Native Food Plants of Australia's top end*. Conservation Commission Northern Territory. p 18 ; Wightman, Glenn et al. 1992, *Mangarrayi Ethnobotany: Aboriginal Plant Use from the Elsey Area Northern Australia*. *Northern Territory Botanical Bulletin No 15*. Parks and Wildlife Commission of the Northern Territory. p 38, 37 ; Wightman, Glenn et al. 1994, *Gurindji Ethnobotany: Aboriginal Plant Use from Daguragu Northern Australia*. *Northern Territory Botanical Bulletin No 18*. Parks and Wildlife Commission of the Northern Territory. p 40, 41 ; Wightman, G. & Brown, J., 1994, *Jawoyn Plant Identikit, Common Useful Plants in the Katherine Area of Northern Australia*. Conservation Commission Northern Territory. p 32 ; Yunupinu Banjgul, Laklak Yunupinu-Marika, et al. 1995, *Rirratjinu Ethnobotany: Aboriginal Plant Use from Yirrkala, Arnhem Land, Australia*. *Northern Territory Botanical Bulletin No 21*. Parks and Wildlife Commission of the Northern Territory. p 61