

Musa x paradisiaca L.

Identifiants : 21426/musxp

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

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- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Monocotylédones ;
- Clade : Commelinidées ;
- Ordre : Zingiberales ;
- Famille : Musaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Liliopsida ;
- Ordre : Zingiberales ;
- Famille : Musaceae ;
- Genre : Musa ;

- Synonymes : Musa x man ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Banana, Hybrid plantains, , Ai, Amenvu, Ayaba, Cardaba, Cheek nam' vaa, Chuoi, Ebred, Ga, Gai'i, Guineo, Hakua, Hale, He, Hie, Hopa, Ih, Ihi, Is, It'ath, Jaina, Kai, Kaka, Kaputa, Kawadar, Keepran, Kele, Kera, Kessel, Kluai, Kwayz, Ladaw, Leka, Lothe, Mabur, Magu, Maika, Mambuatisa, Meika, Meyal, Mfuka wa dinkongo, Mgomba, Moni, Ndizi, Nget pyo thee, Uht, Peint, Pinana, Pisang, Platano, Pou, Ramba, Saba, Saging, Sou, Te banana, Te bunti, Te oraora, Tolo, Uchu, Uht, Usr, Vaalai, Vudi, Wais, Wis ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Partie(s) comestible(s) : fruit^{[[[171]]]}.

Utilisation(s)/usage(s) comestible(s) : la banane mûre est utilisé de multiples façons dans l'alimentation humaine ; simplement pelée et mangée telle quelle, tranchée et servie dans des coupes de fruits et salades, des sandwiches, crèmes et gélatines, ou écrasée et incorporée dans la crème glacée, le pain, les muffins, et les tartes à la crème^{[[[272]]]}.

Parties comestibles : fruits, fleurs, légumes, tige, corme, racine, bourgeon^{[[[0(+x)]]]} (traduction automatique) | Original : Fruit, Flowers, Vegetable, Stalk, Corm, Root, Bud^{[[[0(+x)]]]} Les fruits sont consommés crus ou cuits selon la variété. Les bourgeons et les fleurs mâles sont consommés sur certaines variétés. Ils sont cuits comme légume. La moelle centrale de la fausse tige et le rhizome souterrain sont aussi parfois mangés. Le bulbe est bouilli, séché et mangé avec la fausse tige. (Il a peu de valeur alimentaire

Partie testée : fruit - sucre^{[[[0(+x)]]]} (traduction automatique)

Original : Fruit - sweet^{[[[0(+x)]]]}

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
70.7	337	81	1.1	200	10	0.4	0.2



néant, inconnus ou indéterminés.

- *Illustration(s) (photographie(s) et/ou dessin(s)):*

- *Liens, sources et/ou références :*

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

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