Mimusops zeyheri Sond.

Identifiants : 21029/mimzey

Association du Potager de mes/nos Rêves (https://lepotager-demesreves.fr)
Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 13/05/2024

- ***Classification phylogénétique :***
    - ***Clade : Angiospermes ;***
    - ***Clade : Dicotylédones vraies ;***
    - ***Clade : Astéridées ;***
    - ***Ordre : Ericales ;***
    - ***Famille : Sapotaceae ;***
- ***Classification/taxinomie traditionnelle :***
    - ***Règne : Plantae ;***
    - ***Division : Magnoliophyta ;***
    - ***Classe : Magnoliopsida ;***
    - ***Ordre : Ebenales ;***
    - ***Famille : Sapotaceae ;***
    - ***Genre : Mimusops ;***
- ***Synonymes : Mimusops decorifolia S. Moore, Mimusops kirkii Bak, Mimusops monroi S. Moore ;***
- ***Nom(s) anglais, local(aux) et/ou international(aux) : Red milkwood, , Bulu, Bumbulu, Common red milkwood, Cungua, Lebupudu, Mbubulu, Mdyakadwe, Mikutukutu, Mkapa, Mkupiri, Mmopudu, Mmupudu, Moepel, Mompudu, Monopudu, Mopel, Movubulu, Msuwi, Mterekezi, Muchechete, Muchirinje, Mukaurura, Mutawi, Mutunzi, Mutuputo, Salazi, Sundi, Svanzwa, Thaladzi, Transvaal red-milkwood, Umbumbulu, Umpushane ;***

- ***Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :***

  Parties comestibles : fruit{{{0(+x) (traduction automatique)} | Original : Fruit{{{0(+x)} Les fruits sont consommés crus. Il peut être séché au soleil puis conservé. Le fruit est utilisé pour les confitures et les gelées et est également fermenté pour les boissons alcoolisées. Attention: l'alcool est une cause de cancer

  Partie testée : fruit{{{0(+x) (traduction automatique)
  Original : Fruit{{{0(+x)

Taux d'humidité	*Énergie (kj)*	*Énergie (kcal)*	*Protéines (g)*	*Pro-vitamines A (µg)*	*Vitamines C (mg)*	*Fer (mg)*	*Zinc (mg)*
68	*350*	*84*	*0.2*	*0*	*0*	*0*	*0*

néant, inconnus ou indéterminés.

- ***Illustration(s) (photographie(s) et/ou dessin(s)):***

- ***Liens, sources et/ou références :***

dont classification :

dont livres et bases de données : [0]"Food Plants International" (en anglais) ;

dont biographie/références de [0]"FOOD PLANTS INTERNATIONAL" :

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 3250 ; Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 899 ; Dalziel, J. M., 1937, The Useful plants of west tropical Africa. Crown Agents for the Colonies London. ; Drummond, R. B., 1981, Common Trees of the Central Watershed Woodlands of Zimbabwe, National Herbarium Salisbury. p 180 ; Etherington, K., & Imwold, D., (Eds), 2001, Botanica's Trees & Shrubs. The illustrated A-Z of over 8500 trees and shrubs. Random House, Australia. p 482 ; Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 60 ; Fox, F. W. & Young, M. E. N., 1982, Food from the Veld. Delta Books. p 338 ; Grivetti, 1976, 1979, ; Grivetti, L. E., 1980, Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development. p 80 ; Heywood, V.H., Brummitt, R.K., Culham, A., and Seberg, O., 2007, Flowering Plant Families of the World. Royal Botanical Gardens, Kew. p 296 ; INFOODS:FAO/INFOODS Databases ; Joffe, P., 2007, Creative Gardening with Indigenous Plants. A South African Guide. Briza. p 104 ; Lemmens, R.H.M.J., 2005. Mimusops maxima (Poir.) R.E.Vaughan. [Internet] Record from Protabase. Louppe, D., Oteng-Amoako, A.A. & Brink, M. (Editors). PROTA (Plant Resources of Tropical Africa), Wageningen, Netherlands. < http://database.prota.org/search.htm>. Accessed 19 October 2009. ; Linnaea 23:74. 1850 ; Malaisse, F., 1997, Se nourrir en floret claire africaine. Approche ecologique et nutritionnelle. CTA., p 63 ; Maroyi, A., 2011, The Gathering and Consumption of Wild Edible Plants in Nhema Communal Area, Midlands Province, Zimbabwe. Ecology of Food and Nutrition 50:6, 506-525 ; Mokganya, M. G. et al, 2018, An evaluation of additional uses of some wild edible fruit plants of the Vhembe District Municipality in the Limpopo Province, South Africa. Indian Journal of Traditional Knowledge. Vol 17(2) April 2018, pp 276-281 ; Motlhanka, D. M. T., et al, 2008, Edible Indigenous Fruit Plants of Eastern Botswana. International Journal of Poultry Science. 7(5): 457-460 ; Motlhanka, D. M. & Makhabu, S. W., 2011, Medicinal and edible wild fruit plants of Botswana as emerging new crop opportunities. Journal of Medicinal Plants Research Vol. 5(10), pp. 1836-1842 ; Neelo, J., et al, 2015, Ethnobotanical Survey of Woody Plants in Shorobe and Xobe Villages, Northwest Region of Botswana. Ethnobotany Research & Applications 14:367-379 ; Palgrave, K.C., 1996, Trees of Southern Africa. Struik Publishers. p 730 ; Palmer, E and Pitman, N., 1972, Trees of Southern Africa. Vol. 3. A.A. Balkema, Cape Town p 1751 ; Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 184 ; Reis, S. V. and Lipp, F. L., 1982, New Plant Sources for Drugs and Foods from the New York Botanical Garden herbarium. Harvard. p 235 ; Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 11th June 2011] ; Schmidt, E., Lotter, M., & McCleland, W., 2007, Trees and shrubs of Mpumalanga and Kruger National Park. Jacana Media p 506 ; Swaziland's Flora Database http://www.sntc.org.sz/flora ; Tredgold, M.H., 1986, Food Plants of Zimbabwe. Mambo Press. p 109 ; van Wyk, Be., & Gericke, N., 2007, People's plants. A Guide to Useful Plants of Southern Africa. Briza. p 48 ; van Wyk, B, van Wyk, P, and van Wyk B., 2000, Photographic guide to Trees of Southern Africa. Briza. p 204 ; Van Wyk, Br. and van Wyk P., 2009, Field Guide to Trees of Southern Africa. Struik Nature. p 98 ; van Wyk, B-E., 2011, The potential of South African plants in the development of new food and beverage products. South African Journal of Botany 77 (2011) 857â€“868 ; Wehmeyer, A. S, 1986, Edible Wild Plants of Southern Africa. Data on the Nutrient Contents of over 300 species ; White, F., Dowsett-Lemaire, F. and Chapman, J. D., 2001, Evergreen Forest Flora of Malawi. Kew. p 542 ; Wild, 1975, ; Williamson, J., 2005, Useful Plants of Malawi. 3rd. Edition. Mdadzi Book Trust. p 168 ; www.zimbabweflora.co.zw 2011