

Grewia tenax (Forsk.) Fiori

Identifiants : 15318/greten

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 07/05/2024

- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Dicotylédones vraies ;
- Clade : Rosidées ;
- Clade : Malvidées ;
- Ordre : Malvales ;
- Famille : Malvaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Magnoliopsida ;
- Ordre : Malvales ;
- Famille : Malvaceae ;
- Genre : Grewia ;

- Synonymes : Chadara betulaefolia Juss, Chadara erythraea Schweinf, Chadara tenax Forssk, Grewia betulifolia Juss, Grewia chadara Lam. [Illegitimate], Grewia populifolia Vahl, ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Small-leaved white raisin, , Achuchu, Chaberi, Chaqlessa, Chari, Daieta-konso, Daiyta, Damak, Dhafaruur, Eka fila, Eng'omo, Engoma, Gaddem, Gangara, Gangee, Gangeran, Gangerun, Gango, Gangu kanger, Giddem, Gidem, Gondni, Guddeim, Gundukadira, Gwangi, Gwigo, Horma-daiyta, Kadadari, Kakoon, Kaladi, Kamanmua, Kanatol, Kango, Khus, Mkokora, Mkoma, Nari, Oqombi, Psthawnai, Phalsa cherry, Saarkama, Sari, Small-leaved white cross-berry, Tapadi, Tarakat, Toronwo ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : fruits, graines, légumes^{{{{0(+x)}}}} (traduction automatique) | Original : Fruit, Seeds, Vegetable^{{{{0(+x)}}}} Les fruits sont consommés frais et crus. Ils sont également séchés pour être consommés plus tard. Ils sont ajoutés aux grains dans la bouillie. Une boisson est préparée en trempant le fruit pendant une nuit, puis en pressant, tamisant et sucrant le jus. Les graines sont comestibles

Partie testée : fruit^{{{{0(+x)}}}} (traduction automatique)

Original : Fruit^{{{{0(+x)}}}}

Taux d'humidité	Énergie (kj)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
59.1	0	0	4.5	0	161	125	0



néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

• Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

ABDELMUTI, ; Addis, G., Asfaw, Z & Woldu, Z., 2013, *Ethnobotany of Wild and Semi-wild Edible Plants of Konso Ethnic Community, South Ethiopia. Ethnobotany Research and Applications*. 11:121-141 ; Addis, G., et al, 2013, *The Role of Wild and Semi-wild Edible Plants in Household Food Sovereignty in Hamar and Konso Communities, South Ethiopia. Ethnobotany Research & Applications*. 11:251-271 ; Agric. Colon. 5, suppl. 23. 1912 ; Ahmad, K. & Pieroni, A., 2016, *Folk knowledge of wild food plants among the tribal communities of Thakht-e-Sulaiman Hills, North-West Pakistan. Journal of Ethnobiology and Ethnomedicine*, 12:17 ; Ambasta, S.P. (Ed.), 2000, *The Useful Plants of India*. CSIR India. p 250 ; Asfaw, Z. and Tadesse, M., 2001, *Prospects for Sustainable Use and Development of Wild Food Plants in Ethiopia. Economic Botany*, Vol. 55, No. 1, pp. 47-62 ; Ballal, M. E., et al, 2014, *Ethno-botany of Natural Forests of Nuba Mountains, South Kordofan State, Sudan. Journal of Forest Products & Industries*. 3(1):13-19 ; Barrau, J., 1961 (1976 reprint), *Subsistence Agriculture in Polynesia and Micronesia*. Bernice P. Bishop Museum Bulletin 223, Honolulu, Hawaii, p 63 (As *Grewia populifolia*) ; Bernholt, H. et al, 2009, *Plant species richness and diversity in urban and peri-urban gardens of Niamey, Niger. Agroforestry Systems* 77:159-179 ; Burkill, H. M., 1985, *The useful plants of west tropical Africa*, Vol. 5. Kew. ; Dale, I. R. and Greenway, P. J., 1961, *Kenya Trees and Shrubs*. Nairobi. p 569 ; Dharani, N., 2002, *Field Guide to common Trees & Shrubs of East Africa*. Struik. p 238 ; Dobriyal, M. J. R. & Dobriyal, R., 2014, *Non Wood Forest Produce an Option for Ethnic Food and Nutritional Security in India. Int. J. of Usuf. Mngt*. 15(1):17-37 ; Ethiopia: *Famine Food Field Guide*. <http://www.africa.upenn.edu/faminefood/category3.htm> ; Exell, A.W. et al, (Ed), 1963, *Flora Zambesiaca Vol 2 Part 1* Crown Agents, London. p 59 ; Facciola, S., 1998, *Cornucopia 2: a Source Book of Edible Plants*. Kampong Publications, p 241 ; FAO, 1988, *Traditional Food Plants*, FAO Food and Nutrition Paper 42. FAO Rome p 314 ; Feyssa, D. H., et al, 2011, *Seasonal availability and consumption of wild edible plants in semiarid Ethiopia; Implications to food security and climate change adaptation. Journal of Horticulture and Forestry* 3(5): 138-149 ; Flora Somalia Vol. 1, 1993, <http://plants.jstor.org> ; Flora of Pakistan. www.eFloras.org ; GAMMIE, (As *Grewia populifolia*) ; Gemedo-Dalle, T., et al, 2005, *Plant Biodiversity and Ethnobotany of Borana Pastoralists in Southern Oromia, Ethiopia. Economic Botany* 59(1) pp. 43-65 ; Goode, P., 1989, *Edible Plants of Uganda*. FAO p 30 ; Grivetti, L. E., 1980, *Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development*. p 41 (As *Grewia populifolia*) ; Grubben, G. J. H. and Denton, O. A. (eds), 2004, *Plant Resources of Tropical Africa 2. Vegetables*. PROTA, Wageningen, Netherlands. p 562 ; Gueye, M., et al, 2014, *Wild Fruits Traditionally Gathered by the Malinke Ethnic Group in the Edge of Niokolo Koba Park (Senegal). American Journal of Plant Sciences* 5, 1306-1317 ; GUPTA & KANODIA, ; Hedrick, U.P., 1919, (Ed.), *Sturtevant's edible plants of the world*. p 334 (As *Grewia populifolia*) ; <http://www.fao.org/forestry/25323-096344a3de335832e8f363c3ac5184a66.pdf> ; INFOODS:FAO/INFOODS Databases ; Jardin, C., 1970, *List of Foods Used In Africa*, FAO Nutrition Information Document Series No 2.p 141 ; Le Houerou, H. N., (Ed.), 1980, *Browse in Africa. The current state of knowledge*. 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