

Dioscorea transversa R. Br.

Identifiants : 11643/diotra

Association du Potager de mes/nos Rêves (<https://lepotager-demesreves.fr>)

Fiche réalisée par Patrick Le Ménahèze

Dernière modification le 12/05/2024

- Classification phylogénétique :

- Clade : Angiospermes ;
- Clade : Monocotylédones ;
- Ordre : Dioscoreales ;
- Famille : Dioscoreaceae ;

- Classification/taxinomie traditionnelle :

- Règne : Plantae ;
- Division : Magnoliophyta ;
- Classe : Liliopsida ;
- Ordre : Liliales ;
- Famille : Dioscoreaceae ;
- Genre : Dioscorea ;

- Synonymes : Dioscorea punctata R. Br, Dioscorea sativa var. elongata ;

- Nom(s) anglais, local(aux) et/ou international(aux) : Long yam, Rainforest long yam, Pencil yam, , Gulaka, Kayawal, Munbanda, Murrumurru, Wungmarratj ;



- Rapport de consommation et comestibilité/consommabilité inférée (partie(s) utilisable(s) et usage(s) alimentaire(s) correspondant(s)) :

Parties comestibles : tubercules, racines, bulbes^{{{0(+x)}}} (traduction automatique) | Original : Tubers, Root, Bulbils^{{{0(+x)}}} Le tubercule d'igname est cuit et mangé. Ils doivent être lessivés dans l'eau courante pendant plusieurs heures avant la cuisson. Les bulbilles aériennes le long de la vigne sont également utilisées

Partie testée : tubercule^{{{0(+x)}}} (traduction automatique)
Original : Tuber^{{{0(+x)}}}

Taux d'humidité	Énergie (kJ)	Énergie (kcal)	Protéines (g)	Pro-vitamines A (µg)	Vitamines C (mg)	Fer (mg)	Zinc (mg)
68.3	404	97	2.6	0	107	5.2	0.4



néant, inconnus ou indéterminés.

- Illustration(s) (photographie(s) et/ou dessin(s)):

- Liens, sources et/ou références :

dont classification :

dont livres et bases de données : ⁰"Food Plants International" (en anglais) ;

dont biographie/références de ⁰"FOOD PLANTS INTERNATIONAL" :

Bindon, P., 1996, *Useful Bush Plants*. Western Australian Museum. p 102 ; Bodkin, F., 1991, *Encyclopedia Botanica*. Cornstalk publishing, p 345 ; Bourret, D., 1981, *Bonnes-Plantes de Nouvelle-Calédonie et des Loyauté*. ORSTOM. p 40 ; Cherikoff V. & Isaacs, J., *The Bush Food Handbook. How to gather, grow, process and cook Australian Wild Foods*. Ti Tree Press, Australia p 35, 195, 199 ; Cooper, W. and Cooper, W., 2004, *Fruits of the Australian Tropical Rainforest*. Nokomis Editions, Victoria, Australia. p 152 ; Cribb, A.B. & J.W., 1976, *Wild Food in Australia*, Fontana. p 141 ; Elliot, W.R., & Jones, D.L., 1984, *Encyclopedia of Australian Plants suitable for cultivation*. Vol 3. Lothian. p 282 ; Fell, D.G. & Stanton, D.J., 2015: *The vegetation and flora of Mabuyag, Torres Strait, Queensland*. *Memoirs of the Queensland Museum* "Culture 8(1):1-33. Brisbane. ISSN 1440-4788 ; Garde, M., et al, 2003, *A Preliminary List of Kundedjnjenghmi Plant Names*. Northern Land Council. (Arnhem Land, Australia) ; Haslam, S., 2004, *Noosa's Native Plants*. Noosa Integrated Catchment Assn. Inc. p 334 ; Hibbert, M., 2002, *The Aussie Plant Finder 2002, Florilegium*. p 87 ; Hiddins, L., 1999, *Explore Wild Australia with the Bush Tucker Man*. Penguin Books/ABC Books. p149 ; Isaacs, J., 1987, *Bush Food, Aboriginal Food and Herbal Medicine*. Weldons. p 90, 92 ; Jackes, B.R., 2001, *Plants of the Tropics. Rainforest to Heath. An Identification Guide*. James Cook University. p 50 ; Jones D, L, 1986, *Ornamental Rainforest Plants in Australia*, Reed Books, p 287 ; Jones, D.L. & Gray, B., 1977, *Australian Climbing Plants*. Reed. p 61, 97 ; Lazarides, M. & Hince, B., 1993, *Handbook of Economic Plants of Australia*, CSIRO. p 82 ; Lim, T. K., 2015, *Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs*. Springer p 38 ; Low, T., 1991, *Wild Food Plants of Australia*. Australian Nature FieldGuide, Angus & Robertson. p 61 ; Low, T., 1992, *Bush Tucker. Australia's Wild Food Harvest*. Angus & Robertson. p 17, 105 ; Melzer, R. & Plumb, J., 2011, *Plants of Capricornia*. Belgamba, Rockhampton. p 364 ; Morley, B.D., & Toelken, H.R., (Eds), 1983, *Flowering Plants in Australia*. Rigby. p 342 ; Mua Bioversity Profile, 2013, *Profile for Management of the Habitats and Related Ecological and Cultural Resources of Mua Island*. Torres Strait Regional Authority Land & Sea Management Unit. p 142 ; Nicholson, N & H., 1994, *Australian Rainforest Plants 4, Terania Rainforest Publishing*. NSW. p 29 ; Norrington, L., & Campbell, C., 2001, *Tropical Food Gardens*. Bloomings Books. p 43 ; Paczkowska, G. & Chapman, A.R., 2000, *The Western Australian Flora. A Descriptive Catalogue*. Western Australian Herbarium. p 60 ; Pearson, S. & A., 1992, *Rainforest Plants of Eastern Australia*. Kangaroo Press p 88 ; Prodr. 295. 1810 ; Ratcliffe D & P., 1987, *Australian Native Plants for Indoors*. Little Hills press. p 82 ; RIRDC, 2010, *New Root Vegetables for the Native Food Industry*, Australian Government RIRDC Publication 9/161 ; Ryan, M. (Ed.), 2003, *Wild Plants of Greater Brisbane*. Queensland Museum. p 227 ; Smith, K., 1998, *Growing Uncommon Fruits and Vegetables*. New Holland. p 103 ; Smith, K & I., 1999, *Grow your own bushfoods*. New Holland. Australia. p 77 ; Smith, N and Wightman, G.M., 1990, *Ethnobotanical Notes from Belyuen Northern Territory Australia*. Northern Territory Botanical Bulletin No 10. Parks and Wildlife Commission of the Northern Territory. p 12, 11 ; Smith, N. M., 1991, *Ethnobotanical Field Notes from the Northern Territory, Australia*, J. Adelaide Bot. Gard. 14(1): 1-65 ; Smith, Nicholas et al. 1993, *Ngarinyman Ethnobotany: Aboriginal Plant Use from the Victoria River Area Northern Australia*. Northern Territory Botanical Bulletin No 16. Parks and Wildlife Commission of the Northern Territory. p 20, 19. ; Townsend, K., 1994, *Across the Top. Gardening with Australian Plants in the tropics*. Society for Growing Australian Plants, Townsville Branch Inc. p 161 ; Low, T., 1992, *Bush Tucker. Australia's Wild Food Harvest*. Angus & Robertson. p (Contents) ; Vigilante, T., et al, 2013, *Island country: Aboriginal connections, values and knowledge of the Western Kimberley islands in the context of an island biological survey*. *Records of the Western Australian Museum Supplement 81: 145-182* ; Wheeler, J.R.(ed.), 1992, *Flora of the Kimberley Region*. CALM, Western Australian Herbarium, p 986 ; Wightman, G. & Andrews, M., 1991, *Bush Tucker Identikit. Common Native Food Plants of Australia's top end*. Conservation Commission Northern Territory. p 48 ; Wightman, G. M. & Andrews, M.R., 1989, *Plants of Northern Territory Monsoon Vine Forests (Vol 1)*. Conservation Commission of Northern Territory. p 122 ; Wightman, Glenn et al. 1992, *Mangarrayi Ethnobotany: Aboriginal Plant Use from the Elsey Area Northern Australia*. Northern Territory Botanical Bulletin No 15. Parks and Wildlife Commission of the Northern Territory. p 18, 19. ; Yallakool Reserve Plant List July 1, 2009 Off internet ; Yunupinu Banjgul, Laklak Yunupinu-Marika, et al. 1995, *Rirratjinu Ethnobotany: Aboriginal Plant Use from Yirrkala, Arnhem Land, Australia*. Northern Territory Botanical Bulletin No 21. Parks and Wildlife Commission of the Northern Territory. p 35.